

# IOGKF KARATE VIDEO RESOURCES

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## OLD FOOTAGE

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### PRE WW II

- <https://www.youtube.com/watch?v=PHGYDNqqIAI&list=UUwQcZQn74s8TQwQUAx3S61g&index=3>

### OLD FOOTAGE FROM YOYOGI DOJO

- [Higaonna Sensei old demo video 1](#)
- [Higaonna Sensei old demo video 2](#)
- [Higaonna Sensei old demo video 3](#)
- [Higaonna Sensei old demo video 4](#)
- [Higaonna Sensei old demo video 5](#)
- [Higaonna Sensei old demo video 6](#)

### SOUTH AFRICA 1975

1975 Demo's at South Africa Triangular: <https://www.youtube.com/watch?v=MEjdPTMTQ-U&list=PLFB14CB82EE2EB2BF&index=35>

### 1978 – SUPER 8 – FILMED BY SENSEI BAKKIES LAUBSCHER

- <https://www.youtube.com/watch?v=fGBdkOYQGoE> (part 1)
- <https://www.youtube.com/watch?v=Eo0V8gdCWt4> (part 2)

### MEMORY OF AN'ICHI MIYAGI

- <http://www.youtube.com/watch?v=HGXKWSOVs2Y&feature=share>

## DOCUMENTARIES

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### BBC WAY OF THE WARRIOR DOCUMENTARY FROM 1982

- <http://www.youtube.com/watch?v=Ly-UbDxBBgQ>
- Most of the other parts of this documentary are worth watching.  
<http://www.youtube.com/watch?v=DLt85gxf8xc&list=PL0D531F1A287FBDCF&index=1>

### BUDO THE ART OF KILLING

<http://www.youtube.com/user/theartofkillingbudo>

## RECENT DOCUMENTARY

- <https://www.youtube.com/watch?v=plbwhKnd2BE>
- <https://www.youtube.com/watch?v=v022KlvKR88>

## HUMAN WEAPON DOCUMENTARY OVER KARATE

[https://www.youtube.com/watch?v=92i\\_JqB6ffU](https://www.youtube.com/watch?v=92i_JqB6ffU)

## MEMORY OF AN'ICHI MIYAGI

- <http://www.youtube.com/watch?v=HGXKWSOVs2Y&feature=share>

## MORIO HIGAONNA – OKINAWAN TIGER

- <https://www.youtube.com/watch?v=xDBhneOZDFI>

## HISTORY OF GOJU-RYU (NO SUBTITLES: JAPANESE/RUSSIAN)

- <https://www.youtube.com/watch?v=f1Y5UDMBRLM> (1)
- <https://www.youtube.com/watch?v=5ZXKuLPvf8g> (2)
- [https://www.youtube.com/watch?v=CAI\\_Dcdb4Ns](https://www.youtube.com/watch?v=CAI_Dcdb4Ns) (3)

## 2007 OKINAWA IOGKF INT'L BLACK BELT GASSHUKU (BY RUSSIAN MARTIAL ARTS TV PROGRAM)

- [Video 1](#)
- [Video 2](#)
- [Video 3](#)

## HIGAONNA SENSEI DOCUMENTARY-2008 RUSSIAN MARTIAL ARTS TV PROGRAM

- [Video 1](#)
- [Video 2](#)
- [Video 3](#)

# VARIOUS EVENTS

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## 2008 PARIS FESTIVAL DES ARTS MARTIAUX DEMONSTRATION

- <http://www.youtube.com/watch?v=Ct0G-F2i8RM>

## FUZHOU DEMO'S 2009

- [2009 December Fuzhou China Demo 1](#)
- [2009 December Fuzhou China Demo 2](#)
- [2009 December Fuzhou China Demo 3](#)
- [2009 December Fuzhou China Demo 4](#)

## **JAPAN BUDO DELEGATION IN HOLLAND NOV 2009**

- <https://www.youtube.com/watch?v=VgENMjKtX2I>

## **NIHON KOBUDO KYOKAI DEMO**

- [2010 Feb Nihon Kobudo Kyokai Demo](#)

## **SPEECHES 2010 CHIEF INSTRUCTOR GASSHUKU**

- [2010 Chief Instructor Gasshuku Sayonara Party Higaonna Sensei speech](#)
- [2010 Chief Instructor Gasshuku Sayonara Party Aragaki Sensei speech](#)
- [2010 Chief Instructor Gasshuku Sayonara Party Bakkies Sensei speech](#)

## **WORLD BUDOSAI 2008 MASTERS' DEMONSTRATION VIDEOS**

- [Shuichi Aragaki Sensei \(10th dan, Okinawa\) Seipai](#)
- [Higaonna Sensei \(10th dan, IOGKF Chief Instructor\) Tensho](#)
- [Higaonna Sensei \(10th dan, IOGKF Chief Instructor\) Hand Conditioning](#)
- [Sensei Bakkies Laubscher \(8th dan, IOGKF South Africa\) Yakusoku Kumite](#)
- [Kazuo Terauchi Sensei \(8th dan, IOGKF Japan\) Sanchin, Shime by Higaonna Sensei](#)
- [Tetsuji Nakamura Sensei \(IOGKF USA Chief Instructor\) Seisan Bunkai 1](#)
- [Tetsuji Nakamura Sensei \(IOGKF USA Chief Instructor\) Seisan Bunkai 2](#)
- [Sensei Luis Nunes \(7th dan, Spain\) Kururunfa & Bunkai](#)
- [Sensei John Marrable \(5th dan, New Zealand\) Wheelchair Self Defense](#)
- [IOGKF Okinawa Hojjo Undo \(Goju-Ryu supplemental Training\)](#)
- [Sensei Linda Marchant \(6th dan, England\) self defense](#)
- [Sensei Torben, Sensei Jacob \(IOGKF Denmark\) Kururunfa Bunkai](#)
- [IOGKF Denmark Kururunfa Team Kata & Bunkai](#)
- [IOGKF Black Belt Members Sanchin Kata](#)

# **TECHNICAL VIDEOS**

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## **GOJU-RYU POWER TRAINING – TSUNAMI PRODUCTIONS (MEDIUM QUALITY)**

- <https://www.youtube.com/watch?v=tSRf00klUA0>

### **.... SERIES**

#### **Gekisai-Dai-Ichi**

- <https://www.youtube.com/watch?v=vKLX3tZN1JQ> (kata)
- <https://www.youtube.com/watch?v=MdloFWQNY4M> (bunkai)

#### **Gekisai-Dai-Ni**

- <https://www.youtube.com/watch?v=0Uydn4yEXe4> (kata)
- [https://www.youtube.com/watch?v=wVFAa\\_IXqrA&list=UUwQcZQn74s8TQwQUAx3S61g&index=16](https://www.youtube.com/watch?v=wVFAa_IXqrA&list=UUwQcZQn74s8TQwQUAx3S61g&index=16) (bunkai)

### Saifa

- <https://www.youtube.com/watch?v=kCaUTTFovhY&list=UUwQcZQn74s8TQwQUAx3S61g&index=15> (kata)
- [https://www.youtube.com/watch?v=a9NZZ\\_e6iJE](https://www.youtube.com/watch?v=a9NZZ_e6iJE) (bunkai)

### Seiyunchin

- <https://www.youtube.com/watch?v=52ye5xADGA> (kata)
- <https://www.youtube.com/watch?v=NMJgHOhDTBI> (bunkai)

### Shisochin

- <https://www.youtube.com/watch?v=GyRyR3pd7FI> (kata)
- <https://www.youtube.com/watch?v=hPoZgm9cHTI> (bunkai)

### Sanseru

- <https://www.youtube.com/watch?v=LdbxQinYfXo> (kata)
- <https://www.youtube.com/watch?v=msUEfWbiPs> (bunkai)

### Sepai

- <https://www.youtube.com/watch?v=rBvK4eSHReY> (kata)
- <https://www.youtube.com/watch?v=ch425QMrgak> (bunkai)

### Kururunfa

- <https://www.youtube.com/watch?v=tpoJ4-6L1Wc> (kata)

### Sesan

- <https://www.youtube.com/watch?v=LJeOCRv0oF0> (kata)
- <https://www.youtube.com/watch?v=Nt6UaofHJow> (bunkai)

### Kata Suparinpei

- <https://www.youtube.com/watch?v=ufr4QdN6Ko0> (kata)
- <https://www.youtube.com/watch?v=lvugPHXbK4M> (bunkai)

### Sanchin

- <https://www.youtube.com/watch?v=kybxNOInl20> (kata)
- [https://www.youtube.com/watch?v=Ym-dPP2Mb\\_c&list=UUwQcZQn74s8TQwQUAx3S61g&index=7](https://www.youtube.com/watch?v=Ym-dPP2Mb_c&list=UUwQcZQn74s8TQwQUAx3S61g&index=7) (shime)

## PANTHER PRODUCTIONS VHS

### Kaki-e

- <https://www.youtube.com/watch?v=x8I57jXXEuc&list=UUc0R3mVIXzzVhuwlbSu9BMg&index=22> (part 1)
- <https://www.youtube.com/watch?v=x8I57jXXEuc&list=UUc0R3mVIXzzVhuwlbSu9BMg&index=22> (part 2)
- [https://www.youtube.com/watch?v=28AwU0ZW\\_6M&list=UUc0R3mVIXzzVhuwlbSu9BMg&index=23](https://www.youtube.com/watch?v=28AwU0ZW_6M&list=UUc0R3mVIXzzVhuwlbSu9BMg&index=23) (part 3)

## Kata

Sesan: <http://www.youtube.com/watch?v=XjddaBWugLs>

## VARIOUS TECHNICAL

### Sensei Higaonna – suparinpei

- [https://www.youtube.com/watch?v=ppO\\_eQCsgts](https://www.youtube.com/watch?v=ppO_eQCsgts)
- <https://www.youtube.com/watch?v=3wH8KWBHscE>
- [https://www.youtube.com/watch?v=y2wDAG7Q2aU&playnext=1&list=PL3D40AF494264183D&feature=results\\_main](https://www.youtube.com/watch?v=y2wDAG7Q2aU&playnext=1&list=PL3D40AF494264183D&feature=results_main)

### Sensei Higaonna – sanchin

- [http://www.youtube.com/watch?v=TKoz2Bqfx\\_s&feature=related](http://www.youtube.com/watch?v=TKoz2Bqfx_s&feature=related)

### Sensei Higaonna - tensho

- <https://www.youtube.com/watch?v=jf9eT3P0aU8>
- <https://www.youtube.com/user/miyagidojonet?feature=watch>
- <https://www.youtube.com/watch?v=EOE8YyCa8rQ>
- <https://www.youtube.com/watch?v=UXXMGfoGBgM>

### Sensei Terauchi various

- Sensei Terauchi sesan kata en oyo bunkai: <http://www.youtube.com/watch?v=yD7F97KIIj4>
- Sensei Terauchi sanchin kata: <http://www.youtube.com/watch?v=u9iqsflbwLQ>

### Sensei Kuramoto

- Sesan kata:  
<https://www.youtube.com/watch?v=ip4gKICJD6c&list=PLFB14CB82EE2EB2BF&index=34>

### Sensei Sydney Leijenhorst & Sensei Paolo Spongia

- Goju-ryu newaza (Niagara Falls, Chojun Miyagi Festival 2006):  
[http://www.youtube.com/watch?feature=player\\_embedded&v=y\\_BnvYeWtPI](http://www.youtube.com/watch?feature=player_embedded&v=y_BnvYeWtPI)
- Sensi Gushi (Uechi-ryu) - nigiri game:  
[http://www.youtube.com/watch?feature=player\\_embedded&v=Kgsc-L3qbxk](http://www.youtube.com/watch?feature=player_embedded&v=Kgsc-L3qbxk)